

# My Personal Quest for the Meaning of Life and Peace of Mind: Tesla Inspired Extended Quantum-holographic Framework

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**Abstrac:** After decades of scientific and professional research, I want to share my quest for the meaning of life and peace of mind, within our Tesla inspired extended quantum-holographic framework. The most important holistic insight I have gained is the theoretical-practical realization that one should master both modes of cognition: sensory-rational and creative-spiritual. On this way prayers helped me a lot, and I believe that everyone can master it, as argued in this paper.

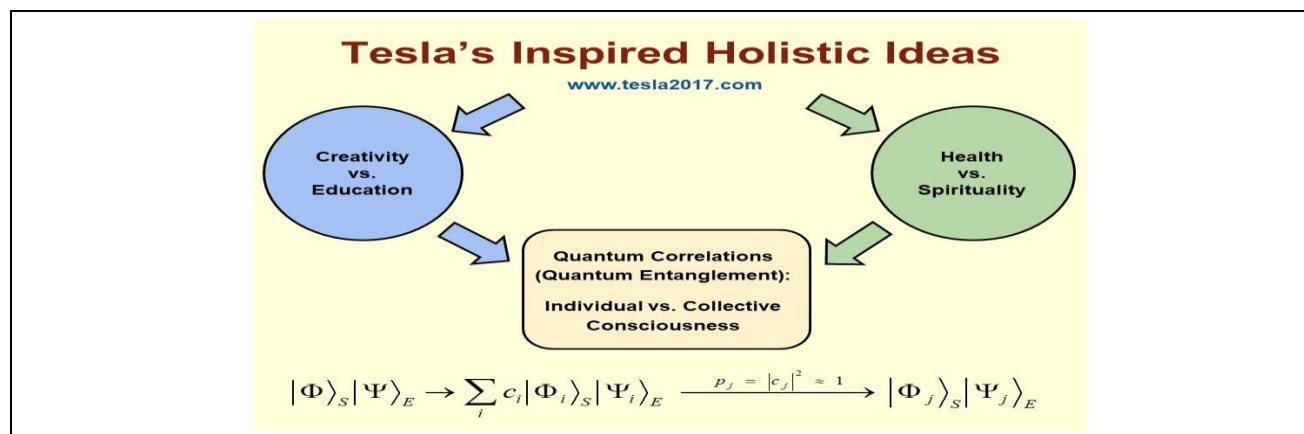
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## 1. Introduction

*Consciousness* has been the *central theme of philosophical essays* for a long time from the very beginning of philosophical thought, or *traditional esoteric practices* of the East and West which have reached significant level in control of altered states of consciousness with significant *philosophical-religious implications* – but the main relationship between consciousness and free will can be scientifically addressed only in the framework of contemporary quantum mechanics [1], with

extended quantum-holographic / quantum-gravitational (QHQG) argumentation given in ref. [2] (cf. also Appendix for some clarification). This is closely related to the eternal theme of all spiritual-religious traditions – what is the meaning of life [3]. After so much time I spent as a university professor, and huge practice in which I combined my scientific interests in biophysics, quantum-informational holistic medicine and ecology of consciousness, I found the spiritual way I was looking for, based on our Tesla inspired Hopfield-like macroscopic QHQG framework (cf. Figure 1).



**Figure 1a (left-hand side)** Symbolic representation of mentally controlled-directed increasing of macro-quantum correlations of interacting individual consciousness (S) and collective consciousness / environment (E) in transpersonally-entangling creative phases (left-hand side of the image and formula above, with previous mental increase of the focused weight contribution  $c_j$  and subsequent (practically non-stochastic) classically-reduced selection of this dominant weight contribution  $c_j$ ).

**Figure 1b (right-hand side)** Symbolic representation of mentally controlled-systemic decreasing of macro-quantum correlations of interacting individual consciousness (S) and collective consciousness / environment (E) in

transpersonally-disentangling spiritual phases (right-hand side of the image and formula above, with previously systemic mental decreasing of almost all weight contributions  $c_i$  and subsequent (practically non-stochastic) classically-reduced selection of the remaining dominant weight contribution  $c_j$  (related to mentally-embedded address on the founder of the corresponding mystical tradition).

In this context, it seems that Tesla's legacy for the new millennium is introspective evidence of his transpersonal creative communications [4], with fascinating possibility of his meditative eidetic control and increase of macro-quantum correlations

with the quantum-holographic primal source of collective consciousness (cf. Figure 1a), as a clue for understanding biophysical basis of creative processes (according to ancient Vedic knowledge related to transpersonal interaction with the deep level of consciousness called Ritam Bhara Pragya, described in Patanjali's Yoga Sutras and literally meaning 'when mind perceives things as they are' [5]); more details interested readers are referred to ref. [6].

Tesla's phenomenological insights could provide additional understanding of our macroscopic extended QHQG framework for non-local psychosomatics, based on systemic decrease of quantum entropy & macro-quantum correlations of acupuncture system / individual consciousness & collective consciousness (cf. Figure 1b), which may provide clue for improving epigenetic strategies for integrative medicine & transpersonal psychology – based on methods & techniques for decrease of quantum entropy & macro-quantum correlations of acupuncture system / individual consciousness & collective consciousness; more interested readers are referred to refs. [7,8].

## 2. My Personal Quest

Out of the numerous holistic methods that can help a person to be healthy (quantum medicine, yoga, reiki, bioenergy, chiropractic...) or to get healed [9], I recommend prayers as the most holistic approach that can remove trans-generationally all energy blockages in our energy-information system (acupuncture system / consciousness) and our transpersonal environment [7,8]. Other paths are longer and more uncertain, so the soul may not be completely relieved until the moment of death, but end up at a lower level of Collective consciousness [10-14].

The eternal theme of all spiritual-religious traditions is what is the essence of life, why does man live [3]? I think that a person cannot be happy if he is not spiritual, because he is not doing his basic spiritual task – returning to the Divine spiritual source. Although Hinduism has contributed much to the understanding of the structure of our energy-informational system, Christianity has made the main contribution through the discovery that the all-repentant and all-forgiving trans-generational prayer is the right shortcut to the Divine primal source [15].

I have built my holistic point of view through years of research into *QHQG foundations of consciousness and psychosomatics*, and their *broader holistic implications* [2]. This way I have created a kind of syncretism that tries to understand

and integrate different apparently opposing views, especially about the fate of the soul before and after death, about the nature of Good / Evil in the context of the degree of non-networking with the Collective consciousness, through theoretical considerations of modern hypnoregression experiences [16] and dogmatic speculations of various religious teachings and esoteric practices [3].

I believe that all of us during the life are *QHQG networked* with lower levels of Collective consciousness, from which we can and must spiritually disconnect ourselves by prayers [2]. The magnificent task of every soul, with God's help, prayers, which are at our disposal as a powerful spiritual tool for untying. All this can be realized collectively, provided that each individual must cultivate both modes of cognition (sensory-rational and creative-spiritual) in combination, because if he does not do this, he does not even complete the basic spiritual task, without a chance for the complete release and salvation of the soul, i.e. reaching the state of Theosis.

Hence it also follows that as a Civilization we historically live *QHQG predestined burdened programs* [16] (so in the midst of the covid 19 crisis someone googled that pandemic appear every 100 years since the Middle Ages, and recent corona pandemic was also a spiritual trial, as a trans-generational test for this generation to be reminded of the need to return to spirituality) – and that is why our portion of the Collective consciousness is our main target for spiritual cleansing. It looks like we cannot do more, but we must not do less either. This is also a multi-millennium subject of speculation of various religious teachings or teleological philosophical considerations, and it belongs to the eternal themes and questions of the cosmogony of various traditions [3].

That is why the Collective consciousness of Civilization should be relieved, with a *thorough trans-generational repentance and forgiveness* of oneself and everyone else (with a trans-generational erasure of all burdens / sins not only forward but also backwards in time [8]). From a broader holistic angle, the path to the final victory of Good is the global return of spirituality – *by redefining the global political, informational and educational goals of Civilization*. Because if *Evil* (as a manifestation of the *QHQG* burden of the Collective consciousness, and personified in the form of the *Sly*) is defeated by force, it is only externally transformed and continues to exist in a different historical form (let us only remember the previous historical epochs).

This is the only way to change the existing *QHQG globalist post-truth program of the Collective consciousness of Civilization* (whose character the mere performers of this work are not even aware, thinking that they are working for the welfare of people), in which *Good and Evil, truth and lies are inverted*. What a program such *actuators* are, to express myself in the terms of automation and robotics (let us also remember *Tesla* [4], who said that we are *biological automatons*, which is not so far from the truth; while in psychology there is so-called *Transactional Analysis* [17], to explain similar patterns of behavior in similar situations).

### 3. Conclusion

The eternal theme of all spiritual-religious traditions is what is the essence of life? In this paper I argue that prayer is a real shortcut to the Divine spiritual source. Other ways to reach the Divine are longer and more uncertain, as the soul may end up at a lower level of Collective consciousness *post mortem*. Based on our Tesla inspired Hopfield-like macroscopic extended QHQG framework, this paper is describing my personal quest for the meaning of life and peace of mind, with all-repentant and all-forgiving trans-generational prayers providing optimization of the existing individual and collective life programs.

#### Appendix. What A Reader Needs To Know On Extended QHQG Informatics

I recommend the book *Holographic Universe* to all interested in the phenomenology of various states of consciousness, with numerous well-documented mysterious phenomena in altered states of consciousness [18]. In this book, Michael Talbot relies heavily on the works of famous quantum physicist David Bohm and neurophysiologist Karl Pribram, who point out that the *Universe could be a giant quantum hologram*, the type of mind construct at the boundary of a subject / object - by relativizing the question of whether objective reality exists or constantly fluctuates between *implicate and explicate orders*? As an extraordinary case study, we also mentioned *Tesla's extraordinary creative experiences in his altered states of consciousness* (categorized in his time as nonphysical phenomena) – with Tesla's conviction "when we start to study nonphysical phenomena, we will progress more in ten years than we have for centuries".

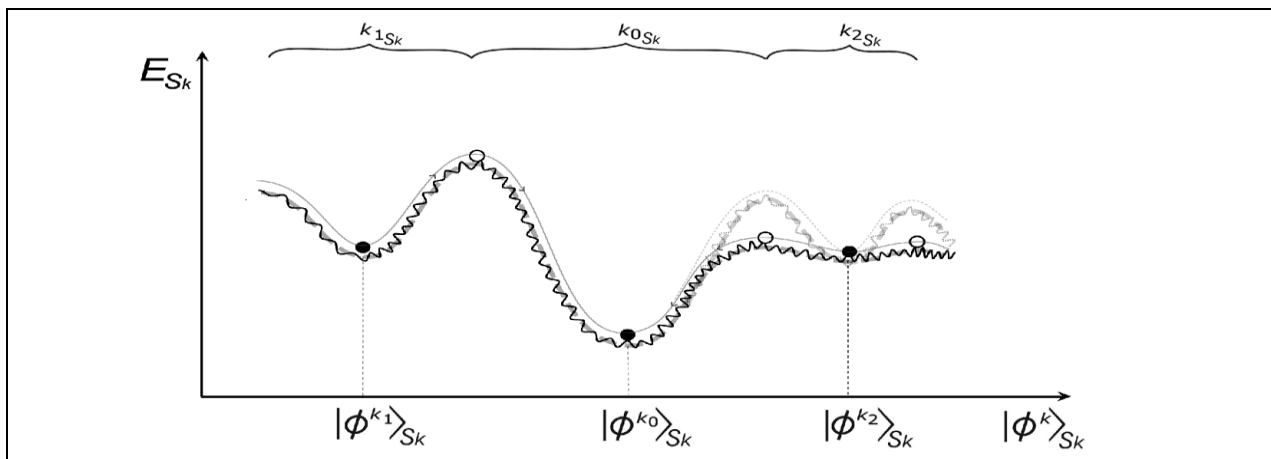
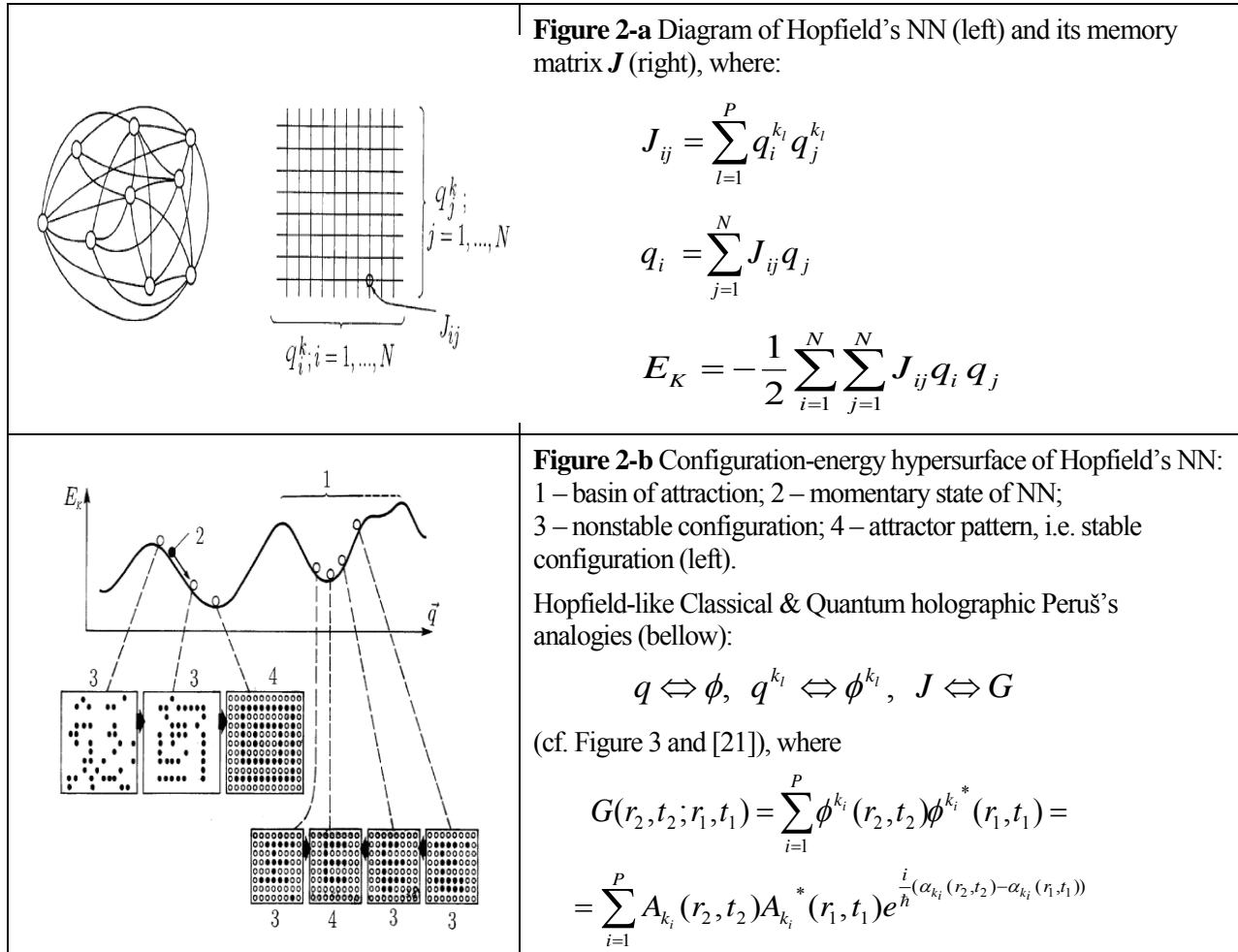
According to *prevailing scientific paradigm*, information processing within the central nervous system is occurring through *hierarchically organized and interconnected neural networks* [19]. It seems that this hierarchy of biological neural networks is going down sub-cellular *cytoskeleton* level, being according to some scientists a kind of interface between *neural* and *quantum* levels [20]. On the other hand, as *any quantum system in Feynman's propagator version of quantum mechanics* has formal mathematical structure of the *quantum-holographic Hopfield-like associative neural network* [21] (cf. Fig. 2) – then closely related macro-quantum *acupuncture-based and consciousness-based memory attractors* can be treated as psychosomatic states *representing quantum holistic field records!*

Then, according to our *extended QHQG theoretical framework* all holistic acupuncture-based and consciousness-based approaches and techniques could be treated as quantum-informational therapies, by imposing new bioresonantly exciting healing boundary conditions in the energy-state space of the (open) acupuncture system / (individual) consciousness. However, when this process is hindered by transpersonal entangled blockages in the energy-state space of EM field of the (open) acupuncture system / (individual and Collective) consciousness – then memory attractors of quantum-holographic network of the field-related Collective consciousness should be removed as well (via bioresonantly exciting prayer or circular psychotherapies from all relevant meta-positions included in the problem, to disentangle energy-informationally all mental addresses included in the problem, with final goal to achieve permanent healing i.e. spiritual integration of personality [7,8]). So, this implies necessity to focus on the *origins of many psychosomatic problems* on underlying *prenatal trans-generational levels* (cf. [2,11] and refs. therein).

In this respect, the "*gauge quantum field theory and quantum gravity correspondence*" of any quantum entangled system (i.e. Einstein-Podolsky-Rosen correlated quantum pair) and created miniature (non-traversable) *wormhole* (i.e. quantum-gravitational Einstein-Rosen bridge) [22] should be pointed out – as note added in proof of our extended *QHQG framework* for transpersonal interactions *via* miniature wormholes. On the other hand, according to our *extended QHQG theoretical framework* [2], the similar *highly-non-inertial transitional processes*

should be expected in *highly non-inertial microparticle interactions* in quantum-measurement-like situations (fully equivalent, according to Einstein's *Principle of equivalence*, to strong gravitational fields – where opening of

wormhole-tunnels is expected [23]) – implying also that von Neumann's *ad hoc Projection postulate* is based on quantum gravitational phenomena [2], on deeper physical level than nonrelativistic quantum mechanical ones!



**Figure 3.** Schematic presentation of the adaptation of memory attractors in the energy-state hypersurface of the quantum-holographic memory / propagator of various hierarchical levels of biological macroscopic open quantum system(s)  $S_k$  [2] (local cell's biomolecular protein / target, local acupuncture system / consciousness, or nonlocal out-of-body consciousness / Collective consciousness). This implies necessity of quantum-

informational successive bioresonant removing of all unwilling side memory attractors (like  $\phi^{k_2}$  in Figure 2), which would otherwise cause development of psychosomatic diseases on the individual level, and interpersonal fights in this and further generations on the collective level.

On these lines, *explanation of the long-standing open problems of the physical nature of psychosomatic acupuncture system and consciousness, including exotic transpersonal aspects of vital energy* (essentially important for our functioning according to Eastern traditional medicine!) – should presumably be sought on deeper quantum-gravitational level as well. The *exotic aspect of wormhole tunnels and vital energy* might be extended to *acupuncture channels (with vacuum-like outside inflow of vital energy / prana / qi)* – implying that such type of *exotic transpersonal communication* enables *continuously-refreshing interaction between the two mentally-addressed persons* [2]. This *transpersonally stabilizes quantum-entanglement of their acupuncture systems / consciousnesses* i.e. prevents dis-entanglement of their macroscopic quantum-entangled non-stationary states by interaction with their local somatic environments (*contrary to situation in microworld without such stabilizing mentally-addressing exotic transpersonal effects, where laboratory-created quantum-entangled pairs of particles must be well isolated from environment* in order to prevent their subsequent quantum-decoherence)!

Additionally, if put in the theoretical context of the fundamental *Holographic principle* [24], according to which any 3D physical system is *isomorphic* to the holographic information embedded on its 2D surface, then *quantum-holographic informational content of a body* could also be contained in *corresponding surface layer of vital energy of the astral-mental body (aura)*, as has been stated in various traditions – in accordance with our extended QHQG framework for psychosomatics and proposed close relationship of the acupuncture system and consciousness (supported by meridian psycho-energy therapies as well, with the rapid elimination of traumas, phobias, allergies and other psychosomatic disorders, by simultaneous emotional-involved intensive visualization of psychosomatic problems and tapping / touching on prescribed acupuncture points [25])! It was also conjectured [26] that volume itself is illusory and that *Universe is a hologram* isomorphic to information "inscribed" on the surface of its boundary.

Our extended QHQG theoretical framework might also imply that quantum-holographic hierarchical parts carry information about the whole (which resembles the Hindu relationship *Brahman / Atman*, as a whole and the part which contains information about the whole [2,15], allowing subtle *fractal coupling of various hierarchical levels* in Nature [27]. This might be supported by *acupuncture*

*system and its projection zones* (ECIWO holographic concept [28]) and the discovery of *quantum-holographic influence of verbal communication on the expression of cell genome* (by voice-modulation of irradiating-laser beams [29]), as well as by the *origin of the amazing creativities* (Tesla and Mozart as case studies [4,30]) and *predestined life paths and temptations* (as indicated by the contemporary experiences of hypno-regressions [16] as well as experiences of different traditions [3], while still emphasizing that it is *possible to optimize them by spiritual purification*).

So, in the context of the above *proposed mechanism of prayer* (which *intrinsically non-unitary sets the necessary new boundary conditions without mutual mentally-loaded addresses*) – it can really be said that an *all-forgiving prayer* represents a biophysical basis for the optimization of (*quantum*) *holistic global psychosomatics of Collective consciousness* (and complementary incoming individual and collective events) [2]! Let us add that both traditional and modern experiences of local and transpersonal energy healing [9] (by spiritually-excited and mentally-channeled new macro-quantum portions of vital energy and their subsequent mentally-channeled transfer), indicate that *meditative visualization imposes new (decoherence-like) quantum gravitational boundary conditions* (however, in contrast to prayer, *it would not eliminate simultaneously all mentally-loaded addresses, but would balance energy-informationally only one particular client*; therefore, in such situations, it is necessary to do *circular meditative-healing visualization from all meta-positions involved in the existing conflict, thus eliminating simultaneously all mentally-loaded addresses*)!

Hence, in the context of our QHQG theoretical framework, *spiritual prayer / meditation practices* represent *non-unitary source of free will at the level of Collective consciousness*, which evolutionary *increases the responsibility of every individual and the whole human race* [2]! It is hereby also instructive to mention *Buddhist* interpretation of *karma*, which occurs not as a *result of our spontaneous reaction* to the current situation in life, but as a *result of the latter justification of our conscious reactions against the others* in this situation [31]! In the context of the above mentioned *quantum-holographic predestined life programs* mentioned above, this is fully justified because we all (*non-consciously*) *react to current conflicting-encoded life-situations* (several hundred milliseconds before we become aware [32]!), but immediately afterwards we have a chance to (*consciously*)

*permanently untangle the existing trans-generational conflict by penitent-all-forgiving prayer.* This might be possibly the reason for *Christianity* to insist on *repenting and forgiving*, as anything else would enhance the existing mental / emotional personal loads and enlarge Evil in the world, dismissing an individual and humankind from the final spiritual ideal of sinless state of individual and Collective consciousness!

In the context of *trans-generational* cosmic quantum hologram, although on the level of Collective consciousness everything is *quantum-holographically predestined* – as suggested by experiences of different spiritual traditions [3] and post-hypnotic regressions [16] as well – they also suggest the possibility of *optimizing life-programs by spiritual purification*. In particular, let us mention Hawaiian *ho'oponopono* [33] tradition with *remarkable reprogramming of the life situations by contextual repenting and forgiving ourselves*; or South American *ayahuaska* [34] and Nigerian *Abiku* [35] traditions with *fascinating spiritual diagnoses and extensions of the predestined-short-life programs*; or *fascinating world bestseller of Anita Moorjani* [14] *on spiritual changing her life program with return from clinical death and after a few weeks spontaneous healing of terminal phase of cancer*; or contemporary spiritual teaching of *Bruno Groening* [36] and *Christian Mysticism* [37,38] with *miraculous healing and optimizing life programs*! This greatly contributes to our understanding that even *most difficult psychosomatic disorders have their roots in the energy-information blockages*, and that *healing begins by removing them* – first lovingly to ourselves, accepting ourselves and forgiving ourselves, which is then manifested by love to others and acceptance of others (e.g. by spiritually disentangling / un-binding repentant-forgiving prayer [2,8])!

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